

OCTOBER ELEMENTARY BREAKFAST/LUNCH MENU 2024

<i>National School Lunch Week</i> Monday	Tuesday 1	<i>October</i> Wednesday 2	Farm to School Month Thursday 3	Red Ribbon Week Friday 4
All schools are CEP. No charge for breakfast or lunch. Harvest of the Month Squash	Pancake/Sausage Assorted Cereal 100% Juice – Seasonal Fresh Fruit Hotdog w/bun Black Bean Salsa Sweet Potato Fries WG Cookie Seasonal Fresh Fruits	Biscuit/Popcorn Chicken Assorted Cereal 100% Juice - Fruit Pizza Corn Peas & Carrots Applesauce Cup Mixed Fruit	Waffles Assorted Cereal 100%- Fresh Fruit Roasted Chicken/Cornbread Cabbage/Stir Fry Strawberry Cup Peaches	Chicken Biscuit Assorted Cereal 100% Juice – Fresh Fruit Catfish/Roll Coleslaw Bake Beans Seasonal Fresh Fruits
Sausage Biscuit 7	French Toast Sticks/Sausage 8	Pancake Bites 9	Breakfast Pizza 10	School's Out 11
Assorted Cereal 100% Juice – Applesauce Chicken Strips/Cornbread Mash Potatoes Black Eye peas Mandarin Oranges Fruit Cup NSLW	Assorted Cereal 100% Juice/ Fruit BBQ Breaded Okra Black Bean Corn Salsa Peas & Carrots Peaches World Mental Health Day	Assorted Cereal 100%Juice/ Fruit Cup Seasoned Wings w/roll Carrots Celery Seasonal Fresh Fruit Applesauce Cup	Assorted Cereal 100% Juice/Fruit Chicken Fillet Sandwich Fresh Broccoli Vegetable Juice Baked Chips Strawberry Cup Seasonal Fresh Fruit Early Release Day	Student & Teacher Holiday Offer vs. Serve Students must have 3 items. One item must consist of a ½ cup of fruit or vegetables to pass through the Point of Sale.
School's Out 14	15	Biscuit/Chicken Nuggets 16	Sausage/Toast 17	Chicken Biscuit 18
Student & Teacher Holiday	Professional Learning Student Holiday	Assorted Cereal 100% Juice- Fruit Cup Pizza Corn Romaine Salad Mix Applesauce Cup Mixed Fruit	Assorted Cereal 100% Juice – Fresh Fruit Chicken Alfredo/Garlic Knot Roasted Broccoli Peas & Carrots Mandarin Oranges Fruit Cup	Assorted Cereal 100% Juice – Fresh Fruit Warrior Cheeseburger Lettuce/Tomato/Dill Pickle French Fries /Vegetable Juice Fruit/Fresh Fruit

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Popcorn Chicken 21	Mini Waffles 22	Breakfast Pizza 23	Sausage Biscuit 24	French Toast Sticks 25
Biscuit Assorted Cereal 100% Juice – Fresh Fruit Chicken Strips/Roll Garden Peas Glazed Carrots Seasonal Fresh Fruit	Assorted Cereal 100% Juice – Fruit Cup Steak w/Gravy Brown Rice/Cornbread Turnips/Squash Fruit Cup Seasonal Fresh Fruit	Assorted Cereal 100% Juice – Slice Peaches Hotdog w/bun Black Bean Salsa Sweet Potato Fries WG Cookie Seasonal Fresh Fruits	Assorted Cereal 100% Juice – Fruit Cup BBQ Chicken Lima Beans Cabbage Cornbread Peaches/Fresh Fruit	Sausage Patty Assorted Cereal 100% Juice – Fresh Fruit Chicken Sandwich w/WG Bun Lettuce, Tomato Baked Wedges Fresh Broccoli Seasonal Fresh Fruits
Chicken Nuggets/Biscuit 28	Pancake Bites 29	Breakfast Bagel 30	Waffle/Sausage 31	
Assorted Cereal 100% Juice – Fresh Fruit Asian Chicken Bread Stick Vegetable Fried Rice Oriental Vegetables Green Beans	Assorted Cereal 100% Juice – Fresh Fruit Tacos Lettuce/Tomato Corn/Black Beans Tortilla Chips Fruit Cup/Fresh Apples Taco Tuesday	Assorted Cereal 100% Juice – Pears Pizza Carrots Romaine Salad Mix Applesauce Cup Mixed Fruit Red Ribbon Cookies	Assorted Cereal 100% Juice- Tropical Fruit Spaghetti/Garlic Knots Corn on the Cob Broccoli Slice Peaches Seasonal Fresh Fruit	Locally Grown Fresh Produce & Food Items Offered weekly... Red Ribbon Week Breast Cancer Awareness Month

Prepacked Salads will be offered daily

An assortment of low fat and fat free milk is offered daily with all meals. Lactose free milk is available if needed upon request.

Disclaimer: Menus are subject to change without notice due to future nutrient analyses; the availability of USDA commodities and/or unavailability of certain purchased food products.

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